



The 2020 Jack and Jill, Inc.
Phoenix Chapter
Virtual Mothers Retreat

The **Power** of **MOMentum**

Leading, Serving Advocating

August 28-29, 2020

#JNJPHXRETREAT2020

Mother's Guide



www.jackandjillphoenix.org

THE **POWER**
to make a
DIFFERENCE



Welcome

President
Dawn Smith



Welcome Mothers of the Phenomenal Phoenix Chapter to our Virtual Mothers' Planning Retreat.

This year's theme is, The Power of MOMENTUM: Leading, Serving and Advocating. Never in my wildest dreams did I imagine that we would be in this virtual space, but here we are, showing up, surviving and thriving!

I am humbled to serve as your 35th Chapter President in such a time as this. Please know that I do not take this unprecedented moment lightly and I promise to lead our Chapter throughout the 2020-2021 Program Year in a thoughtful and engaging manner, focused on doing what is best for our children.

Thank you in advance for so willingly giving of your time and talents. I look forward to working with each of you this Program Year as we Lead, Serve and Advocate with the Power of MOMENTUM!

Long Live Jack and Jill!

Yours in service,

Dawn Smith
35th Chapter President
2019-2021

Welcome



Program Director
Monique Joseph

Mothers,

We are living in unprecedented times. Amid civil unrest, a global pandemic and managing home, work, homeschooling and all the other commitments we have to community, we know and recognize that your time is precious and family is #1.

With that purpose in mind, We want to welcome you to the first Virtual Mother's Retreat for the Phenomenal Phoenix Chapter. Our hope is that you will be reminded of the importance of all the things you hold dear, the love of the organization and the hope you have for the future of your families and our country.

This years programming theme The Power of Momentum: Leading, Serving, Advocating focuses on our unyielding commitment to not only Jack and Jill if America, inc, but also our commitment to lead, serve and advocate for a brighter future for our youth and families.

We are all here because of love for what this organization stands for. This year we want to know what can we do to help your experience flourish. We are committed to providing quality and excellent programming even in the midst of pandemic.

Thank you for the opportunity to serve you this year. I look forward to working along side each of you.

Enjoy the retreat
Monique Norington Joseph
Program Director

Welcome

Program Coordinator
Tisha Troutman

Mothers,



Welcome to the 2020 - 2021 Phoenix Chapter Planning Retreat! As Black mothers, we are inventive, resilient and resourceful. Rest assured we put these qualities to work while planning this retreat. The current pandemic has not limited our ability to deliver on a weekend where we will learn and laugh while doing work that benefits our families, our children and our community.

We are excited to have you join us for the next two days as we discuss the "Power of MOMentum: Leading, Serving and Advocating". In Physics, the term MOMentum refers to the quantity of motion that an object has. Mothers, we are women on the move! Individually we have accomplished great things and collectively we can achieve even more. Our chapter has a long history of being a leader in the Phoenix community and successfully implementing programs that benefit our children and all children of color. We want to build on this success and continue the MOMentum we have started by propelling our chapter and our children forward.

It is my prayer that you have at least one experience this weekend that positively impacts the trajectory of how you lead, serve and advocate. This MOMentum will propel us forward as a collective mother body and ensure the Phoenix Chapter of Jack & Jill of America, Inc. continues to be a leader in this community, providing quality programming for our children and all children of color.

Yours in Service,
Tisha Troutman
Program Coordinator

#MOMentum2020
#JNJPHXRETREAT2020

ATTIRE GUIDE

What to wear

Jack and Jill Protocol Perfect

Mother's, we cant wait to see all your smiling faces during the retreat. We've all been shut in for months and now is the time to get ready to smile and snap some pictures.

Friday August 28, 2020

Blue Jack and Jill Chapter Polos. (Be sure to take a headshot photo waist up in your beautiful blue)

Saturday August 29, 2020

Business Attire with your favorite Jack and Jill Pin (Don't forget to take a headshot photo waist up in your business attire)

THE POWER
to make a
DIFFERENCE

BEST PRACTICES HOUSEKEEPING

Best Practices

Questions during Retreat

The chat room will be moderated by our Technology Chair Jewel Jones and Program Coordinator Tisha Troutman.

Anytime during the retreat, If you have questions for the Program team or any presenter, please follow the following suggestions:

- Ask your question in chat room
- Submit an anonymous question direct to PC Tisha or Chair Jewel. They will ask the question direct to moderator or presenter

Access and Sign in

Logging In/Name Change :

As you enter the ZOOM meeting, we ask that you change your Participant Name to reflect the committee and grade group/teen breakout rooms you will attend. This will help the host assign you to breakout rooms.

Here are the steps to change your Participant Name:

To change your name after entering a Zoom meeting, click on the "Participants" button at the top of the Zoom window. Next, hover your mouse over your name in the "Participants" list on the right side of the Zoom window.

Click on "Rename". Use the following structure to update your name (Committee Assignment) (Grade Group/Teens Assignment) Name

For example RENAME YOUR PARTICIPANT NAME, (1) (B) Tisha Troutman

BEST PRACTICES HOUSEKEEPING

Access and Sign-in Cont...

Committee Break out - DAY 1

Committee breakouts will be led by your committee chair. During this time, Committee chairs will start the planning process for programming for your committee for the year.

Note: President Committees will all meet in one breakout group with Madame President. (If you chair a committee please Go to your committee group)

- | | |
|--------------------------|--------------------|
| 1- Presidents Committees | 8- Glamping |
| 2- Health | 9- Holiday Brunch |
| 3- Social | 10- HBCU |
| 4- Black Family Day | 11- Living History |
| 5- Children's Cluster | 12- MLK Walk |
| 6- Father Daughter Dance | |
| 7- Founders Day | |

For example: RENAME YOUR PARTICIPANT TITLE **(1) (B) Tisha Troutman**

Grade Group Break out - DAY 1

Grade Group breakouts will be led by the Grade Group Leaders and TAs. During this time, GGLs and mothers will finalize the hostess assignments and calendar planning for the year.

Note: Mothers with children in multiple grade groups, please choose the one group that you would like to attend as there will only be time for one grade group breakout session

- A - Buttons & Bows (PreK - K)
- B - Honor Roll (1st - 3rd)
- C - Footloose & Fancy Free (4th - 5th)
- D - Guys & Dolls (6th - 8th)
- E - Teens

RENAME YOUR PARTICIPANT TITLE -**For example, (1) (B) Tisha Troutman**

Select committee



Select gradegroup

GIVE AWAYS

To encourage member participation. Mothers will have the opportunity to participate in social driven challenges and member engagement during the retreat.

Some of the gifts included:

Michelle Obama - Becoming Journal



2 piece organic Bamboo cutting board



See details of the food challenge to win

...AND MUCH MORE

CREATE YOUR PLATE CHALLENGE

Are you a **Dish Diva**? Let us see you show off your best culinary skills!



BREAKFAST – POST BY 10AM ON 8/29 “Egg-celence”

Create your best egg dish! Omelets, egg scramble, quiche – anything egg-straordinary! Just make sure the egg is the star.



LUNCH – POST BY 3PM ON 8/29 “Green Scene”

Who said salad is boring? Create your signature salad - green, pasta, tuna...the possibilities are endless!



DINNER – POST BY 10PM ON 8/28 “Under the Sea”

From Cajun shrimp pasta to grilled salmon to lobster tails, show us your best seafood dish that will have our mouths watering!

Contest Rules

- ❖ The specified food item **must** be the star of the dish. Side dishes do not count. Use any recipe you wish or create your own unique dish.
- ❖ **Plating matters!** Your dish must be presented in a creative, appetizing way. No messy plates!
- ❖ Take pictures of your dish(es), post to your personal IG page and tag our chapter page [@jacknjillphx](#) using hashtags [#MOMentum2020](#) and [#JNJPHXRETREAT2020](#)
- ❖ Dinner and breakfast winners will be announced at the end of the Mothers’ Retreat. Lunch winner will be announced at the first Business meeting.

Sponsored by Social Committee

ENTERTAINMENT

**Jack and Jill of America, Inc
Phoenix Chapter**

Mother's Retreat 2020

PRESENTS

**COMEDIAN
DAMON WILLIAMS
LIVE!**

Wind-Down
August 28,
2020
9:00PM

The Programming Committee is excited to welcome you to join us for an intimate show

About Damon

With over 25 years in the industry, **Damon Williams** is a former Subway sandwich shop owner from Chicago, IL who began his comedy career at All Jokes Aside Comedy club.

Damon's previous television appearances include BET's Comic View dating back to 1994, including his own one-hour special. He's been featured on BET LIVE, Comedy Central's Premium Blend, The Tom Joyner Sky Show on TV ONE, and HBO's P Diddy's Bad Boys of Comedy.

The Funny Man from Chicago even hosted several episodes of the legendary Showtime at the Apollo, following seasoned host & TV star Steve Harvey. In 1999 Damon performed for over 300,000 fans as the opening act for the highly successful Kings of Comedy Tour, establishing him as one of the elite comics in the nation.

**Jack and Jill of America, Inc
Phoenix Chapter**

Mother's Retreat 2020

PRESENTS

**RADIO -PERSONALITY
SHAWN
KNIGHT**

Wind-Down
August 28,
2020
9:00PM
Arizona

107.3 KISS FM

The Programming Committee is excited to welcome you to join us for pre-comedy show Ole'School music set

About Shawn

For over 25 years Shawn Knight has been a staple in Urban Radio. Since his early beginnings in Chicago at Kennedy King College, Shawn got involved with their community radio station doing news segments, and becoming Student Program Director.

In 1997 Shawn was hired at WGCI in Chicago as a weekend personality and promotions assistant. He worked his way up the ranks and in 2001 moved over to crosstown rival Power 92 as an evening personality. He eventually continued to host middays and the morning drive at WSRB Soul 106.3.

Shawn continued his career in Indianapolis for Radio One WTLC as an evening personality at WKZZ K92.7 in Columbus, Georgia. He is currently the Assistant Brand Manager for KISX, The All-New 107.3 KISS FM in Tyler, Texas.

Outside of radio, Shawn Knight has served as a weekly TV contributor on WFLD Fox 32 Good Day Chicago, hosted numerous concerts and events for local elected officials, as well as non-profit organizations.

**MEET US IN THE
VIRTUAL ROOM
FRIDAY, AUGUST
28TH, 2020
9PM**

Show your Retreat Pride

Please download social media graphics on Jack and Jill Phoenix website

